

Flammeus Alles



Newsletter of the Barony of Fenix

Winter Newsletter for the Barony of Fenix

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Submissions for the next quarterly issue are due by March 20th, June 20th, September 20th, or December 20th. Please send officer letters, educational or entertaining articles, artwork, calendar updates, etc. Please include a signed release form with your submission.

Cover art by Rene Richard

This is the Winter 2014 issue of *Flammeus Alles*, a publication of the Barony of Fenix of the Society for Creative Anachronism, Inc. (SCA, Inc.). The *Flammeus Alles* is edited by and available from Amy Ryan, 215 Warwick Ave Apt B, Hamilton, OH 45013. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright © 2014 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

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Baronial Calendar

Populace Gathering & Fight Practice: every Tuesday from 7:00-9:30pm**

Baronial Court & Potential Tournament: 1st Tuesday of each month at 7:30pm**

Business Meeting: 2nd Tuesday of each month at 7:30pm**

Dance Practice: 3rd Tuesday of each month at 7:30pm**

A&S Class: 4th Tuesday of each month at 7:30pm**

** Held at Boys & Girls Club, 30 W 26th St, Covington, KY 41014

Upcoming Events

January 3, 2015 – Twelfth Night (Flaming Gryphon)

January 10, 2015 – Twelfth Night (Fenix)

January 20, 2015 – Fenix demo at Boys and Girls Club

February 7, 2015 – Winged Hills Collegium (Winged Hills)

February 21, 2015 – Candlemas (Shire of Dragonsmark)

February 28, 2015 (*tentative*) – Winters End (Barony of Fenix)

March 28, 2015 – Silver Ceilidh (Marche of Norborough)

April 18, 2015 – Grand Tournament of the Unicorn (Marche of the Unicorn)

May 24, 2015 – Spring Crown

From the Baron & Baroness

During this time of cold and darkness, a time of deep reflection no matter one's chosen path, let us all take a moment and rejoice at the return of the light of the sun in our sky, rising like the Fenix that is the guardian of our people. This is the time of year when we look toward the future with the hope of the returning prosperity that comes with the lengthening of the days and the changing of the seasons. Winter has not yet run its full course, but the dark days are passing. Take time to enjoy the company of friends and family, kith and kin, and share the spirit of this season of renewal. Stay safe in your journeys and come home safe to us in the New Year.

As a Barony we have managed a year full of events and travels, general business and the change of officers, and a whole host of other challenges great and small. During the dark seasons the Medieval Folk would take stock of their possessions, make accountings and pay taxes. They would gather together the harvest and prepare for the cold of the deep winter. At harvest Fenix gathered together, tested our skills, feasted and selected Champions. As Solstice and the Holy Days would approach, families would gather together for the sharing of resources for survival, and for celebration of the increase in activity and prosperity promised by the return of the light. So it is here in Fenix. We have spent the dark days taking account the health and welfare of our Barony, its many estates, our family, friends, relations and all of the different projects and activities taking place in this wonderful land. We are grateful for the gift of Baronial Twelfth Night, and we look forward to celebrating with all of our Fenix family and the grand displays of Bardic and Peaceful Prowess in the Arts, Sciences and Gaming as we select our Champions in these areas and invest them with their new titles and responsibilities for the coming year. There are still the cold months of Winter remaining before we reach the Equinox and Winter's End.

The months rush by, and we see the need to increase the pace of our planning. We hope and expect to see May Day in Fenix come together as well as or even better than last year. We would very much like to see our Baronial Martial Champions event planned for Labor Day weekend as it has been in the past, but we will need a bid for that event very soon. We especially call on our Martial Champions to come together to plan and preside over the selection of your

successors. As thankful as we are for those who have come forward to submit bids and Steward these coming events, we want to ask each of you to consider what role you can play in helping Fenix to host these events. There are many opportunities, from gate to clean-up crew; if you need help finding a place to fit your time and talents, please don't be shy in asking. We have many places where your talents and ideas can bear great fruit for our people.

Here are ideas that need consideration in the coming year – many between now and Winter's End:

- May Day Camping
- Pennsic
- Pennsic Camp/Kitchen
- Pennsic Trailer Improvements/Replacement
- Building our Fenix Fighting Force
- Finances
- Administration/stewardship of Barony and Events

The key to both progress and fun in our Society and our Barony is seeing each other often and having fun while we are together. We share news, motivation, successes and setbacks. Our weekly Populace Gathering and Fight Practices have been going very well and have increased our sense of continuity and community. Please attend! We have started settling into a monthly routine:

Every First Monday: Newcomer's Night at Their Excellencies' Estate.

Every Tuesday: Gathering of our populace for fighters and noncombatants alike. Keep abreast of the news, invite and introduce newcomers. Armored and Rapier combat. Youth combat is possible, but we need a couple more armored and authorized combatants, and our youth marshal must be able to attend. Informal "afters" at Frisch's at Hwy 17 and I-275 most weeks. 494 Orphanage Road, Fort Wright, KY 41017

First Tuesday: Baronial Court; a Tournament when possible. Garb is encouraged, but not required.

Second Tuesday: Baronial Business Meeting.

Third Tuesday: Dance practice.

Fourth Tuesday: Arts and/or Sciences class.

Fifth Tuesday: Fun and Games extra night for guests or travel to another Barony for fight practice and social activities.

In addition, we try to host or arrange purely social gatherings at least monthly – these have been a blast!

Eastside Social night at Lady Coleta Rose's Estates, TBD.

Baron's Night Out: A monthly night out with His Excellency at a local pub or other establishment for fun and social entertainment.

Medieval Movie Night (Baron's Night In) at Their Excellencies' Estate on a Friday or Saturday when not on Progress or at Master Udahlrich's Keep for the bonfire and games to while away the warmer evenings.

Her Excellency's Sass and Sew on a Saturday usually followed by Baron's Night Out or Medieval Movie Night.

These are the things we do every month that bring us together as a Barony. We do all of these things to prepare to step out into our Region and our Kingdom as part of our Society to show the world who we are as Fenix. As Fenix, we now look to our Crown and their Heirs for guidance for the new year.

We look forward to Winter's End when the rivers thaw and the passes through the mountains open, but with the return of the seasons of raid and commerce comes the season of war. We must now prepare for these times to protect our interests and those of our King. As the southern passes open soon, Tzar Cadogan, Dragon Lord, and Tzaritsa AnnMarie, Our Blessed Inspiration, do call us to protect our Cousins of Trimaris at Gulf Wars. So do we call those members of our Fenix Fighting Force who are able to make it safely from their estates to assemble at the command of their Dragon Majesties at Winter's End to prepare for the march south.

As the light returns and we begin a new year by our current calendar's reckoning, we find ourselves energized and hopeful for the continuing rise of the

Fenix in the coming year. Join Us and Our Court at Twelfth Night for the fun and festivities of this season.

Yours in Service,

Ulf, Baron
Sárnat, Baroness
Lord and Lady Fenix

From the Chronicler

Greetings to the good gentles of the Barony of Fenix! The Domesday Chronicler report has been submitted on time. The Kingdom Chronicler asked for me to please keep him apprised of when our newsletters will become available on the baronial website.

Thank you to all the submissions received for this quarter's newsletter. Please keep the submissions coming in! Do you have an Arts & Sciences Project you're wanting to share with the group? Submit the article. Do you have pictures from a recent event? Share it.

One of my goals as Chronicler is to eventually make this quarterly newsletter worthy of a William Blackfox Award. For more information on this, please visit <http://www.sca.org/officers/chronicler/blackfox-awards45.html>.

~ Elisabeth Fairchild called Lynnaea

From the Webminister

Greetings from your friendly, Barony Webminister. If you've visited the Barony's website lately, you may have noticed it is a bit sparse... Well, fear not! Soon (goal is January 4) we will have a new and more informative website, complete with events, newcomer guidance and other general information for the populace.

But this will just be the first version! After this basic site is up and running, I will begin working on an expansion. We plan to have a section where members can log in to access material specifically for members of our barony. This will include a member list and other pertinent information.

If you have any feedback or ideas on what should be included in the website - please send me a message!

~ Rose de la Cumbe (Kate Reis)

From the Winter's End Event Stewards

Greetings to all who see these tidings,

Their Excellencies, The Baron and Baroness of Fenix invite you to end the cold winter months of solitude with them at the Gathering of Winter's End on February 28th, 2015 from 9AM to 8PM. Join them and then engage in tournaments of martial prowess for heavy, rapier and youth combat. Take classes to expand your knowledge of the Arts and Sciences. Enjoy a wonderful lunch tavern and the company of all your neighbors and friends who have been shut in all Winter.

We will enjoy this at the Centerville Recreation Center off of Red Bank Road. Any questions can be directed to Marcos de Ribera at patricktheobald@yahoo.com. Look for more details coming in the future.

Ever in your service,
Marcos and Bianca, Event Stewards

Arts & Sciences Corner

Swaddling an Infant in 15th and 16th Century England

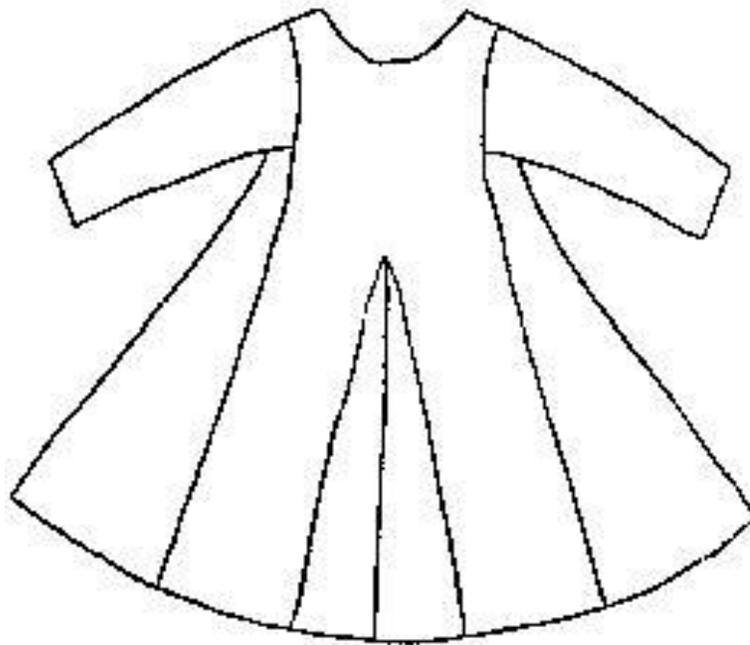
By, Lady Elisabeth Lynnaea Fairchild

For up to the first twelve months of life, an infant was wrapped in linen swaddling bands (Hanawalt 43). Depending on local customs, these criss-crossed bands varied in width to keep the infant in a mummy-style wrapping with only the infant's face showing. "During the Middle Ages, European parents kept their babies immobilized in a tight, bulky swaddle." (Karp 109) It was thought that to keep infants healthy, their limbs must be restricted from movement. Without these swaddling bands, it was feared that the infant would grow crooked or deformed. "If the infant be bound and swaddled, the members (limbs) lying right and straight, then shall it grow straight and upright; if it be crookedly handled, it will grow likewise." (Singman 28) For more practical reasons, the swaddlings may have helped to keep the infant warm and protected from animals. These swaddling bands also gave the infant a sense of comfort, as they became accustomed to confined spaces while still in the womb. If their limbs were free to move, the sudden jerks of their arms or legs could also wake them while they were slumbering.

Underneath these swaddlings, infants wore a linen shirt, a wool or twill gown, and a linen coif. In different illustrations, some infants are depicted as having a belt while others do not have a belt over their simple gown. To give an approximate idea of how a gown was made, one gown that has survived is the Herjolfsnes 44 gown. This gown was made for a girl about ten years old when she passed away. It was loose-fitting and made of heavy twill. The National Museum of Denmark has recreated this gown for their children's exhibit. (Maggie Forrest) Also, in most swaddling illustrations, the infant's head is covered by either a coif or part of the swaddling cloth. The linen shirt provided a barrier underneath their gowns to protect the gown from being soiled.

A shortened version of Holbein's daughter's simple dress in his portrait *The Painter's Wife and Two Children* (1528-1529) might have been acceptable for boys from infancy until the age of four years. In this portrait, the daughter wears a tan kirtle with an attached bodice and skirt. A short-sleeved linen chemise is worn underneath the kirtle. Between the ages of four and seven, a boy would then be given his first pair of breeches. After becoming a mobile toddler and

before the breeching party, a boy was referred to as an unbreeched boy, meaning he wore gowns and petticoats similar to that of his sisters.



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